

Shree Saptashrungi Ayurved Mahavidyalay & Hospital
SHARIR RACHANA
FIRST Year B.A.M.S (Ayurvedacharya)

दीर्घोत्तरी प्रश्न - १५ गुण (LAQ - 15 Marks)

- १) सुश्रुतोक्त संधिप्रकार विस्ताराने लिहा.
- २) उर्ध्वजत्रुगत मर्मे विस्ताराने लिहा.
- ३) कला व्याख्या, संख्या लिहून पित्तधरा कलेचे विस्तृत वर्णन करा.
- ४) सिरा, धमनी, स्रोतस व्याख्या लिहून हृदयाचे विस्तृत वर्णन करा.
- ५) त्रिमर्म संकल्पना विषद करा.
- ६) मासानुमासि गर्भवृद्धि विस्ताराने लिहा.
- ७) शरीर, शारीर, गर्भ व्याख्या लिहून गर्भपोषण विस्ताराने लिहा.
- ८) मर्म व्याख्या, संख्या प्रकार लिहून अ) स्थपनी मर्म, ब) कटिकतरुण मर्म, क) नाभी मर्म, ड) क्षिप्र मर्म विस्ताराने लिहा.
- ९) पृष्ठगत मर्म विस्ताराने लिहा.
- १०) अधोशाखागत मर्मे लिहा.
- ११) षडंग शारीर विस्तारपूर्वक लिहा.
- १२) मृतशोधनाचे महत्त्व लिहा.
- १३) ग्रहणीचे सविस्तर वर्णन करा.
- १४) धातुभेदाने पुरुषसंघठन विषद करा.
- १५) 'चिकित्साधिकृत पुरुष' विस्तारपूर्वक लिहा.
- १६) शरीराचे 'पांचभोतिकत्व' विस्तारपूर्वक लिहा.
- १७) शरीराचे त्रिगुणात्मकत्व विस्तारपूर्वक लिहा.
- १८) शरीराचे त्रिदोषात्मकत्व विस्तारपूर्वक लिहा.
- १९) शरीराचे दोषधातुमलमुलकत्व विस्तारपूर्वक लिहा.
- २०) गर्भउत्पादक सामग्री विस्ताराने लिहा.
- २१) गर्भवृद्धिकर भाव स्पष्ट करा.
- २२) गर्भविकासात पंचमहाभुतांचे योगदान स्पष्ट करा.

- २३) 'प्रमाण शारीर' विस्ताराने लिहा.
- २४) अंगुली प्रमाणाचे सविस्तर वर्णन करा.
- २५) अंजली प्रमाणाचे सविस्तर वर्णन करा.
- २६) चरकोक्त स्रोतस कल्पना स्पष्ट करा.
- २७) विस्ताराने लिहा. (Applied Anatomy is must) – अ) क्षिप्र मर्म, ब) अपस्तंभ मर्म, क) सीमन्त मर्म
- २८) इंद्रिय पंचपंचक लिहून नेत्रपेशी (Muscles of Eyeball) लिहा.
- २९) जिह्वापेशी (Muscles of Tongue) लिहा.
- ३०) विस्ताराने लिहा. (Applied Anatomy is must) अ) अधिपति मर्म, ब) अपलाप मर्म, क) लोहिताक्ष मर्म.
- ३१) खालील मर्मे विस्तारपूर्वक लिहा. अ) श्रुगाटक मर्म, ब) कटिकतरुण मर्म, क) फणा मर्म
- ३२) खालील मर्म विस्तारपूर्वक लिहा. अ) कृकाटिका मर्म, ब) विधुर मर्म, क) विटप मर्म.
- ३३) खालील मर्म विस्तारपूर्वक लिहा. अ) मातृका मर्म, ब) अपांग मर्म, क) शंख मर्म.
- ३४) सुश्रुतोक्त शवसंरक्षण, मृतशोधन स्पष्ट करा.
- ३५) षट्चक्रे विस्तारपूर्वक लिहा.
- ३६) उर्ध्वशाखेतील मर्म विस्ताराने लिहा.
- ३७) मर्माची निरुक्ती आणि व्याख्या लिहून विशल्यघ्न मर्माखे सविस्तर वर्णन करा.
- ३८) मर्माघाताचे सामान्य लक्षण लिहून अधोशाखेतील मर्माचे सविस्तर वर्णन करा.
- ३९) आशय शब्दाची व्याख्या लिहून Describe Stomach in detail.
- ४०) अस्थिचे आयुर्वेदानुसार प्रकार लिहून Describe the femur in detail.
- ४१) गर्भाची परिभाषा लिहून गर्भोत्पादक भाव सविस्तर वर्णन करा.
- ४२) स्रोतस म्हणजे काय हे लिहून रक्तवह स्रोतस सविस्तर वर्णन करा.
- ४३) आयुर्वेदोक्त कला शारीर सविस्तर वर्णन करा.

- 1) Describe the development of embryo upto trilaminar embryonic Disc.
- 2) Describe full term placenta in detail.
- 3) Describe foetal circulation in detail.
- 4) Describe the placentation (अपरा निर्माणम्) in detail.
- 5) Describe the Spermatogenesis in detail.
- 6) Describe the Oogenesis in detail.
- 7) Describe the Cell division in detail.
- 8) Describe Fallot's tetralogy in detail.
- 9) Describe Internal Ear.
- 10) Describe Knee Joint.
- 11) Describe the gluteal muscle.
- 12) Describe the lateral wall of nose.
- 13) Describe the internal structure of the kidney.
- 14) Describe the eye in detail.
- 15) Describe the sacrum in detail.
- 16) Describe the caecum in detail.
- 17) Describe the spinal cord in detail.
- 18) Describe superolateral surface of cerebrum in detail.
- 19) Describe uterus in detail.
- 20) Describe the kidney in detail.
- 21) Describe the urinary bladder in detail.
- 22) Describe the aorta in detail.
- 23) Describe the eyeball in detail.
- 24) Describe the tongue in detail.
- 25) Describe the liver in detail.
- 26) Describe the vertebral column in detail.
- 27) Describe the Elbow Joint in detail.
- 28) Describe the Oesophagus in detail.
- 29) Describe the Spleen in detail.
- 30) Describe the Pancreas in detail.
- 31) Describe the Biliary Apparatus in detail.
- 32) Describe the Muscles of back in detail.
- 33) Describe the medial surface of Cerebrum in detail.
- 34) Describe Anterior abdominal wall in detail.

- 35) Describe the Ribs in detail.
- 36) Describe the Shoulder Joint in detail.
- 37) Describe the Pericardium in detail.
- 38) Describe the Brain Stem in detail.
- 39) Describe the Femoral Triangle in detail.
- 40) Describe the Cerebellum in detail.
- 41) Describe the Bronchial tree in detail.
- 42) Describe the Broad Ligament in detail.
- 43) Describe the Superior Vena Cava in detail.
- 44) Describe the Arch of Aorta in detail.
- 45) Describe the Muscle of front of thigh in detail.
- 46) Describe the Middle Ear Cavity in detail.
- 47) Describe the Uterine Tube in detail.
- 48) Describe the Ankle Joint in detail.
- 49) Describe the Ossification Process in detail.
- 50) Describe the Atlanto-Occipital Joint in detail.
- 51) Describe the Temporo mandibular joint in detail.
- 52) Describe the All typical vertebrae in detail.
- 53) Describe the Wrist Joint in detail.
- 54) Describe the Skull as a whole in detail.
- 55) Describe the Mandible in detail.
- 56) Describe the frontal bone in detail.
- 57) Describe the Sigmoid Colon in detail.
- 58) Describe the Rectum in detail.
- 59) Describe the Vulva in detail.
- 60) Describe the Ureter in detail.
- 61) Describe the Right Atrium in detail.
- 62) Describe the Left Ventricle in detail.
- 63) Describe the Sternum in detail.
- 64) Describe the Hip Joint in detail.
- 65) Describe the Thoracic Duct in detail.
- 66) Describe the quadriceps femoris muscle in detail.
- 67) Describe the the muscle of medial compartment in thigh.

- 68) Describe the - i) Deltoid Muscle, ii) Biceps brachii, iii) Flexor digitorum Superficialis in detail.
- 69) Describe the tibia in detail along with well labelled diagrams.
- 70) Give the classification of nervous system and describe the 'pons' in detail.
- 71) Describe the medulla oblongata in detail.
- 72) Describe the mid brain in detail.
- 73) Describe the cranial nerves in detail.
- 74) Describe the Trigeminal nerve in detail.
- 75) Describe the Median nerve in detail.
- 76) Describe the interior surface of cerebrum in detail.
- 77) Describe the circle of Willis in detail.
- 78) Describe the Humerus in detail.
- 79) Explain femur in details with suitable diagram.
- 80) Describe the Coeliac trunk in detail.
- 81) Describe the Superior Mesentric Artery in detail.
- 82) Describe in detail - i) Olfactory Nerve, ii) Hypoglossal Nerve, iii) Ulnar Nerve.
- 83) Describe the popliteal artery in detail.
- 84) Describe the jugular vein in detail.
- 85) Describe the common iliac vein in detail.
- 86) Describe the Frontal bone in detail.
- 87) Describe the Parietal bone in detail.
- 88) Describe the Occipital bone in detail.
- 89) Describe the Maxilla in detail.
- 90) Describe the Mediastinum in detail.
- 91) Describe the Vermiform appendix in detail.
- 92) Describe the Meninges in detail.
- 93) Describe the surface marking in pleura in detail.
- 94) Describe the popliteal fossa in detail.
- 95) Describe the cerebellum in detail with diagrams.
- 96) Describe the left lung in detail with diagram.
- 97) Describe the Ventricles of brain (Lateral - Third - Fourth Ventricles) in detail.

- 98) Describe the anatomy of uterus under following points - Position, Shapes, Ligaments, Blood Supply.
- 99) Describe Breast (Mammary Gland) in detail with applied anatomy.
- 100) Write the differences between small and large intestine and explain caecum in details.
- 101) Explain the Spinal Cord in details.
- 102) Explain male reproductive system in detail.
- 103) Describe the abdominal aorta and its branches in detail.
- 104) Describe in detail fetal circulation.
- 105) Describe the Scapula in detail.



MODERN QUESTIONS

Questions :

- 1) Lower end of Femus.
- 2) Obturator Formen
- 3) Pubic Symphasis
- 4) Iliac Creast
- 5) Acetabulum
- 6) Greater Trochanter
- 7) Patella
- 8) Upper End of Tibia
- 9) Calcanium
- 10) Superficial Inguinal Lymph Nodes
- 11) Great (Long) Saphenous Vein
- 12) Ileo - Tibial Tract
- 13) Saphenous Opening
- 14) Boundaries of Femoral Triangle.
- 15) Contents of Femoral Triangle
- 16) Femoral Shealth.
- 17) Femoral Canal
- 18) Iliacus Muscle.
- 19) Adductor Longus Muscle
- 20) Femoral Artery.
- 21) Femoral Vein
- 22) Sartorius Muscle
- 23) Contents of Adductr Canal
- 24) Sciatic Nerve
- 25) Quadriceps Femoris
- 26) Deep Fasia of Thigh
- 27) Branches of Popliteal Artery



- 28) Contents of Popliteal Fossa
- 29) Common Peroneal Nerve
- 30) Biceps Femoris Muscle
- 31) Hamstring Muscles
- 32) Dorsalis Pedis Artery
- 33) Tendo-Calcaneus
- 34) Plantar Aponeurosis
- 35) Plantar Arch
- 36) Movements of Hip Joints
- 37) Ligamentum Patellae
- 38) Cruciate Ligaments
- 39) Menisci and Functions of it.
- 40) Movements of Knee Joint.
- 41) Arches of Foot & Functions.
- 42) Surface Marking of Femoral Artery.
- 43) X-Ray of Knee Joint. (A. P. View & Lateral View)
- 44) Page No. 190-191 - Important
BDC - Vol. I, Fifth Edition
- 45) Lateral End of Clavicle
- 46) Peculiarities of Clavicle
- 47) Side determination of Clavicle.
- 48) Ossification of Clavicle
- 49) Side determination of Scapula
- 50) Ossification of Scapula.
- 51) Anatomical Neck
- 52) Surgical Neck
- 53) Deltoid Tuberosity
- 54) Side determination of Humerus
- 55) Ossification of Humerus

- 56) Upper end of Radius.
- 57) Upper end of Ulna
- 58) Lower end of Radius
- 59) Write the names of Carpel Bone
- 60) Sesamoid bone
- 61) Anatomical Snuff Box
- 62) Jugular Notch
- 63) Sternal Angle.
- 64) Extent of Breast
- 65) Pectoralis Major
- 66) Pectoralis Minor
- 67) Contents of Axilla
- 68) Axillary Artery
- 69) Brachial Plexus
- 70) Axillary Lymphnodes
- 71) Levator Scapulae
- 72) Cephalic Vein
- 73) Median Cubital Vein
- 74) Deltoid Muscle
- 75) Rotator Cuff of Shoulder
- 76) Coracobrachialis
- 77) Biceps brachii
- 78) Brachialis
- 79) Boundaries of Cubital Fossa
- 80) Contents of Cubital Fossa
- 81) Pronator Teres Muscle
- 82) Palmaris Longus Muscle
- 83) Flexor Digitorum Superficialis
- 84) Radial Artery



- 85) Palmar Aponeurosis
- 86) Superficial Palmar Arch
- 87) Deep Palmar Arch
- 88) Extensor Rectinaculum
- 89) Ligaments of Shoulder Joint
- 90) Movements of Shoulder Joint
- 91) Carrying Angle
- 92) Surface Marking of Axillary Artery
- 93) X-Ray - AP View of Shoulder Joint.
- 94) AP View of Elbow Joint
- 95) Lateral View of Elbow Joint
- 96) AP View of Hand
- 97) Axillary Nerve
- 98) Musculocutaneous Nerve

THORAX

- 99) Inlet of thorax
- 100) Outlet of thorax
- 101) Apex Beat
- 102) True Ribs
- 103) False Ribs
- 104) 1st Rib
- 105) Coastal Cartilages
- 106) 12th Rib
- 107) Second Rib
- 108) Manubrium
- 109) Xiphoid Process
- 110) Diagram of Typical Thoracic Vertebra
- 111) 12th Thoracic Vertebra
- 112) Intervertebral Joints



- 113) Intervertebral Disc.
- 114) Movements of Vertibral Column
- 115) Azigus Vein
- 116) Cervical Pleura
- 117) Rancesis of Pleura
- 118) Cardiac Notch
- 119) Root of Lung (with contents)
- 120) Right Principal Bronchus
- 121) Left Principal Bronchus
- 122) Diagram of Parts of Pulmonary Unit
- 123) Mediastenum
- 124) Middle Mediastenum
- 125) Contents of Pericardium
- 126) Measurement of Heart
- 127) Right Atrium
- 128) Fossa Ovalis
- 129) Left Ventricle
- 130) Tricuspid Valve
- 131) Mitral Valve
- 132) S. A. Node
- 133) Left Coronary Artery
- 134) Coronary Sinus
- 135) Superior Vena Cava
- 136) Ascending Aorta
- 137) Arch of Aorta
- 138) Tracheal Rings
- 139) Constretion of Oesophagus
- 140) Thoracic Duct

